# AERIAL VERTIGINE

Aerial Hoop, Aerial Hammocks, Aerial Silks, Aerial Trapete, Aerial Special Tools and PoleArtistic International Contest

TORINO - MAY 25-26 2024



# **AERIAL VERTIGINE**

AERIAL VERTIGINE is a POLE DANCE VIRTUDE SSD project and this trade is registered at Camera di Commercio di Torino as POLE DANCE VIRTUDE SSD property for name and symbology.

ACSI is the Italian federation recognized by CONI which accredited POLE DANCE VIRTUDE SSD Contacts: www.poleartitaly.it - www.poledancevirtude.com -

info@poledancevirtude.com - info@poleartitaly.it

Facebook pages: Pole Dance Virtude, Pole Art Italy. Instagram

POLE\_DANCE\_VIRTUDE e POLEART ITALY

AERIAL VERTIGINE is an independent competition, supported by independent sponsors and sport supporters for development and promotion of all aerialist arts and pole dance expressions.

Our aim is to massively promote aerial sports and arts and pole dance to mainstream in Italy showing it as a new sport and artistic discipline and healthy lifestyle. To put together acrobats, dancers, athletes, fitness players and artists is a great way to promote aerial sports as a new sport and dance in Italy and in the World. The global media are involved and adviced of event and international channels as Mediaset, RaiTV and web channel are following AERIAL VERTIGINE.

The competition will take place in TORINO on 2 DAYS the 25-26 MAY 2024.









# **COMPETITIONS RULES**

The competition will involve Aerial Hoop, Aerial Silks, Aerial Hammock, Aerial Trapete, Aerial Special Tools (like moon /spiral etc) and Pole Dance

Here following the rules for each discipline typology:

#### **AERIAL HOOP**

# The competition is organized in the following categories

#### **SOLO**

- PRO

The PRO has an experience of at least 5 years on the tool, autonomy and safety in their sequences. The professional is the one who is paid for his business.

ALL ALLOWED

- AMATEURS / have an experience of at least 6 months, perform the elements safely, climb independently.

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

#### **MANDATORY FIGURES:**

- Basic climbs: Upside down on support, Reverse legs bent, Ball
- Siren

#### PROHIBITED:

- No elements of extreme flexibility

No Roll, No Drop

Plank

Reverse force with outstretched arms

Extreme holds

Regroup

Spinning

Dynamic movements - Meathook

Seals of the neck, foot, armpits

ADVANCED INTERMEDIATE / have an experience of at least 2 years, perform the elements safely, climb independently, mandatory elements.

All ascents are allowed including the Reverse with straight arms and legs.

#### **MANDATORY FIGURES:**

Amazon
Man in the Moon
o Man in the Moon reverse
Alien Split
o 1 Dynamic

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

#### **DOUBLE**

- PRO (professionals only)
- AMATEURS

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

- ADVANCED INTERMEDIATE / have an experience of at least 3 years, perform the elements safely, climb independently, mandatory elements. (LIKE INDIVIDUALS)

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

# **GROUP**

- AMATEURS Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

- ADVANCED INTERMEDIATE Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

# **AERIAL SILKS**

The competition is organized in the following categories

#### SOLO

#### PRO (professionals only)

The PRO has an experience of at least 5 years on the tool, autonomy and safety in their sequences. The professional is the one who is paid for his business.

ALL ALLOWED

- AMATEURS / have an experience of at least 6 months, perform the elements safely, climb independently, mandatory elements - double falls on fabrics are prohibited Juniors 5-10 years,

Teenagers 11-17, Seniors <40,

Masters +40

#### MANDATORY FIGURES:

- Basic climbs: RUSSIAN CLIMB, FRENCH etc.
- Foot key / knot (s) or coils and related related figures including falls, Belly key from the Russian climb (sandwich) no from the fan

#### PROHIBITED:

- Extreme flexibility
- Plank
- Extreme holds
- Reverse
- Extreme balances
- Free falls, regrip or flip
- Soleil, double star fall, roll down or roll up
- Dynamic movements
- Neck seal

- ADVANCED INTERMEDIATE / have an experience of at least 2 years, perform the elements safely, climb independently, mandatory elements.

All ascents are allowed including the Reverse with straight legs.

#### MANDATORY FIGURES:

Inversion from open or closed fabrics with possible shapes or falls.

Belly key from the fanned. You can not make the belly key from the Russian (sandwich).

slots and double falls allowed

#### PROHIBITED:

Turns on fabrics (such as straps). Hand figures with knot.

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

#### **DOUBLE**

- PRO (professionals only)
- AMATEURS

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

- ADVANCED INTERMEDIATE / have an experience of at least 3 years, perform the elements safely, climb independently, mandatory elements. (LIKE INDIVIDUALS)

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

# GROUP

- AMATEURS

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

- ADVANCED INTERMEDIATE

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

(THE PRESCRIPTIONS APPLY AS FOR INDIVIDUALS)

# **AERIAL HAMMOCKS**

The competition is organized in the following categories

#### SOLO

PRO (professionals only)

The PRO has an experience of at least 5 years on the tool, autonomy and safety in their sequences. The professional is the one who is paid for his business.

ALL ALLOWED

AMATEURS / have an experience of at least 6 months, perform the elements safely, climb independently, USE THE STATIC HAMMOCK

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM OF 25% OF THE ROUTINE

PROHIBITED:

NO REVERSALS

**NO FALLS** 

ADVANCED INTERMEDIATE / have an experience of at least 2 years, perform the elements safely, climb independently, CAN USE THE SPIN HAMMOCK

MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM 20% OF THE ROUTINE AT LEAST 1 REVERSE

AT LEAST 2 DIFFERENT CLIMBS

AT LEAST 2 SINGLE ROTATIONS

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

# **AERIAL SPECIAL TOOLS (MOON, HELICAL...)**

The competition is organized in the following categories

### **SOLO**

PRO (professionals only)

The PRO has an experience of at least 5 years on the tool, autonomy and safety in their sequences. The professional is the one who is paid for his business.

ALL ALLOWED

AMATEURS / have an experience of at least 6 months, perform the elements safely, climb independently.

Juniors 5-10 years, Teenagers 11-17, Seniors <40, Masters +40

MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM OF 25% OF THE ROUTINE

PROHIBITED:

NO REVERSALS

**NO FALLS** 

ADVANCED INTERMEDIATE / have an experience of at least 2 years, perform the elements safely, climb independently.

MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM 20% OF THE ROUTINE

AT LEAST 1 REVERSE

AT LEAST 2 DIFFERENT CLIMBS

AT LEAST 2 SINGLE ROTATIONS

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

# **AERIAL TRAPEZE**

The competition is organized in the following categories

#### **SOLO**

PRO (professionals only)

The PRO has an experience of at least 5 years on the tool, autonomy and safety in their sequences. The professional is the one who is paid for his business.

ALL ALLOWED

AMATEURS / have an experience of at least 6 months, perform the elements safely, climb independently.

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

#### MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM OF 25% OF THE ROUTINE

PROHIBITED:

NO REVERSALS

NO FALLS

ADVANCED INTERMEDIATE / have an experience of at least 2 years, perform the elements safely, climb independently.

MINIMUM REQUIREMENTS:

THE FLOORWORK COVERS A MAXIMUM 20% OF THE ROUTINE

AT LEAST 1 REVERSE

AT LEAST 2 DIFFERENT CLIMBS

AT LEAST 2 SINGLE ROTATIONS

Juniors 5-10 years,

Teenagers 11-17,

Seniors <40,

Masters +40

#### **POLE ARTISTIC**

It's POLE ART - you can represent anything.

The competition is divided into the following categories:

Women International Novice

pole dance since max 1 yearNo X-FLAGS, NO aerial dead lifts

Men International Novice

pole dance since max 1 yearNo X-FLAGS, NO aerial dead lifts

Women International Amateurs STANDARD

They have been practicing pole dance for over 1 year to 2 yearsNO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc) YES simple inversion from straddle

Women International Amateurs PRO

They have been practicing pole dance for MORE than 2 years NO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc) YES simple inversion from straddle

Men International Amateurs

They have been practicing pole dance for over 1 yearNO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc) YES simple inversion from straddle

Doubles International Amateurs They have been practicing pole dance for over 1 yearNO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc) YES simple inversion from straddle

Women International Advanced

They have been practicing pole dance for over 3 years For teachers of classes BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL All allowed movements

Men International Advanced

They have been practicing pole dance for over 3 years For teachers of classes BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL All allowed movements

Doubles International Advanced They have been practicing pole dance for over 3 years For teachers of classes BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL All allowed movements

Masters +50
Pole dance min since 1 year
NO ELITE

Juniors International Amateurs 6-10 yrs
Pole dance minimum from 1 year
SAME RULES OF WOMEN AMATEURS

Juniors International Amateurs 11-14 yrs Pole dance minimum from 1 year SAME RULES OF WOMEN AMATEURS

Juniors International Amateurs 15-17 yrs
Pole dance minimum from 1 year
SAME RULES OF WOMEN AMATEURS

Juniors International Adv / SemiPro 6-10 yrs
Pole dance minimum from 2 to 5 years
Never won a similar competition

Juniors International Adv / SemiPro 11-14 yrs
Pole dance minimum from 2 to 5 years
Never won a similar competition

Juniors International Adv / SemiPro 15-17 yrs
Pole dance minimum from 2 to 5 years
Never won a similar competition

Women International Semi-Pro (VIDEO ENTRY SELECTION)

Pole dance from 2 to 5 years or moreParticipated at competitions semipro and never won one or sent a video with appropriate skillor are professional teachers - NO ELITE

Men International Semi-Pro (VIDEO ENTRY SELECTION)

Pole dance from 2 to 5 years or moreParticipated at competitions semipro and never won one or sent a video with appropriate skillor are professional teachers - NO ELITE

Doubles International Semi-Pro (VIDEO ENTRY SELECTION)

Pole dance from 2 to 5 years or moreParticipated at competitions semipro and never won one or sent a video with appropriate skillor are professional teachers - NO ELITE

# **AWARDS**

We will award all categories on the podium in 1st, 2nd and 3rd place The jury will also randomly decide the special prizes

#### **DEADLINES**

Applications open 1 JULY 2023

Application closing 15 APRIL 2024

Official Competitors List 30 APRIL 2024

We need your music file by May 1, 2024

Competition Days 25-26 MAY 2024

# **REGISTRATION FEES**

Senior singles: 70 euros

Double Senior: 100 euros

All Junior: 60 euros

GROUPS each member must pay 35 euros

To be confirmed enrolled in the competition it is necessary to send the completed application form and the receipt of payment of the fees - no video entry is required

#### **PAYMENT DETAILS**

YOU CAN PAY BY PAYPAL AT THE EMAIL ADDRESS poledanceattitude@hotmail.it

OR WITH BANK TRANSFER TO

UNICREDIT BANK

DENOMINATION : POLE DANCE ATTITUDE ASD IBAN : **IT87E0200801109000102744043** 

BIC SWIFT: UNCRITM1EB0

#### **COMPETITION'S INSURANCE**

Every competitor has to show a valid insurance for an international event. We are not accepting insurances for other ASD or gym schools which usually only cover a practice in their own studios or to be covered by ACSI insurance for the competition. Each competitor has also to produce an health agonistic certificate.

#### **GENERAL RULES**

#### **NOTES:**

Organization staff reserves itself to move the applicants in a different category if the selected one would seem not correct;

Human props are allowed but you need to ask and explain the role to the organization staff. Even object or scene props need to be first to be shown to the organization staff;

Floorwork is allowed but must not exceed the 30 seconds;

Cleaning the competition's hoop is due by the artist itself or by a coach. (each hoop is enveloped with a cleanable material);

No mandatory figures are required.

Common attitudes, insults, racist references or against the organization will be immediately penalty. Results and prizing ceremony are planned to be immediately after the performances.

#### **FOOTWEAR AND SUITES**

For any footwear the organization staff has to be before informed. We highly suggest to compete with no footwear or short socks.

The suites are free, but latex, leather, thongs, tiny tops or with studs or any other hard parts are forbidden. Clothing with exposed private parts is prohibited.

Gloves are forbidden.

#### **PERFORMANCE TIMING**

- 3:00 minutes for Solo Amateurs
- 3:30 minutes for Intermediate ADVANCED and PRO
- 2:45 minutes for Duo
- 3:30 minutes for Group

The music choose is free for the competitors - Music with insults or racist references are forbidden.

Music has to be sent by email before the deadtime. Each competitor has to bring and USB support with the music track at the competition.

#### NOTE:

Agonistic sport medical certificate is mandatory - to be produced to the organization before competition.

# for any question please contact aerialvertigine@gmail.com

#### **NOTE FOR COACHES**

Each coach will have a free entrance pass and a free backstage pass (one coach only for each school).

You can sign a coach's name in the application form.

WE DO NOT NEED a video entry to be selected in the competition

Every competitors has to provide a valid agonistic medical certificate.

#### AERIAL HOOP, HAMMOCK, AERIAL SILK, AERIAL SPECIAL TOOLS and AERIAL TRAPEZE

The aerial hoop or the hammock or the special tool or the trapeze will be hung at a height of about almost 5 meters - the silks will be hung almost at a height 6,5 meters, a suitable mattress will be set up under the exercise area.

The stage has the following dimensions  $7 \times 8.5$  meters

A hook with static rope or steel cable and hoist will be prepared.

It is highly recommended to use your own personal tool for special size or hygiene reasons (Aerial and rim fabrics).

All aerial tools must be brought by the individual athlete, the organization will fix CE-compliant hangers for fixing and will provide a technician in charge of the assembly and disassembly of the aerial tool.

Athletes are guaranteed the right to use magnesium and grip, it is not possible to use pitch on the tools made available by the organization. If you are not sure what your competition category is, you can contact the organization and ask for advice. The athlete lists will be published by the organization of the competition at the close of registrations. Coaches and / or athletes will be able to view the lists and only in the case of proven tests that an athlete has registered in the wrong categories by level and / or skills can they write to the organization presenting the tests within 3 days

The organization reserves the right to evaluate category shifts in the case of athletes known for other competitions, in this case it will notify the athlete within 15 days from the date of registration for the race.

#### ADDITIONAL NOTES FOR THE AIR DISCIPLINE COMPETITION

- PERSONAL HOOP, SPANSET and SWIVEL: each athlete can bring his own equipment, the important thing is that it is certified.

In any case, it will be useful to fill out a disclaimer.

For those who do not have the equipment, they can communicate it in advance and indicate if they will need the one provided by us.

We personally use all hoops of different sizes and SPANSET of mt.2 (total ring perimeter 4mt)

#### - HOOP HEIGHT POSITIONING

Generally in training and performance the height of the hoop from the ground varies from athlete to athlete.

Based on the choreography and the climbs included in it, the performance itself and the height of the participant, a definitive universal canon cannot be used here too.

The height from the ground at the beginning of the Hoop base must be communicated a few days before the competition for each of them. In the welcome pack that each athlete will receive 20 days before the competition, in addition to the prevalence lights that are desired on stage, details of the height at which to hang the equipment will also be requested, as well as defining whether one is carrying one's own certified equipment or if that of our organization.

- MATTRESS, the use of the mattress is mandatory for all performances. Athletes not used to a mattress under their evolutions should consider moving sideways to perform choreos on the ground the jury will not penalize such movements in any way.
- EXTRA ELEMENTS: objects, "confetti", introductory performances such as reading or singing, these too must be communicated and a request must always be made using the form that will be sent in the welcome pack.
- COSTUMES: considering that these are purely artistic competitions ... green light for expressiveness.

as general lines it is confirmed that thongs are prohibited, and any costumes that lead to the display of private parts directly or in an almost uncovered way. Buttocks that are slightly uncovered will not be penalized because the suit by choice is a little high-cut or maybe an athlete is a little more shapely.

No vulgarity but a little common sense in tolerance.

#### COMPETITION'S CATEGORIES DOUBLE AND GROUPS

It will be possible to compete in double or in groups, in this case the categories will not be diversified according to the number of components, therefore groups composed of 2 people or more will be included in the same ranking. In case of an athlete present in the group with technical skills or high competition experience, the whole group must choose the higher category. It is advisable to create groups with the same skills and experiences to avoid having to travel during the competition.

#### **MUSICAL CHOICE**

You can choose any track as long as it is free of unsportsmanlike, foul language or that refer to hatred, racism, drug use and the like.

Backing tracks will be creative, original or used in an original way

No mandatory technical level elements are required

It is possible to perform free body acrobatic elements

A floorwork is required for all specialties

The athlete can freely choose the elements to be performed on the ground and on the tool It is not possible to have extras on stage for circle or fabric choreographies

Any type of unusual accessory or choreography that includes particular effects that can cause damage to the equipment, jury, audience or stage or even just dirty, you must first receive the approval from the organization by contacting via email and explaining what you intend to do.

It is possible to have choreographic objects as long as they are also used during the routine and are consistent with the theme presented if necessary.

The costume must cover the private parts, in case of evident nudity, deductions will be applied to the whole jury or for evident and permanent nudity the routine will be interrupted. The athlete will be disqualified. He will be able to repeat his routine at the end of the category, with a suitable costume, to be evaluated but will not enter the rankings.

Bracelets, earrings, watches, hair bands and similar not consistent with the costume will be penalized by the artist judge in the image section. Piercings are allowed as long as with minimal jewelry.

#### **JUDGES PANEL:**

There will be 5 judges: 1 for Execution, 1 for Deductions, 2 for Artistic Execution, 1 Head Judge

The Head Judge has the following special duties:

The head judge controls and supervises the panel of judges. He will have a different evaluation form

where he can attribute bonuses and penalties.

The head judge has the role of control and mediation between the judges in the event of disagreements

on the execution or inconsistencies.

proceeds with the assignment of all bonuses and penalties provided for by the regulations

verify that all judges have voted before proceeding to the next performer

# **Scoring chart for AERIALS competitions**

For all the aerial disciplines The competition score will be formed by the sum of the points obtained from the Execution + Artistic scores + Possible Bonuses - Deductions - Possible Penalties following the scheme below

# **TECHNICAL EXECUTION SCORE - (see relative scoring card)**

Flexibility (max 10 points) The flexibility of the athlete is evaluated in accordance with the type of choreography presented.

Strength and Dynamism (max 10 points) The athlete's ability to create a dynamic routine will be evaluated. Points will be added for strengths expressed during the routine.

Fluidity (max 10 points) The athlete's movements must be fluid and decisive in entering and exiting the transitions without interruptions or sudden detachments not intentionally foreseen. In the movements of the area, obligations due to the safe execution of particularly complex and dangerous aerial movements will be taken into account that will not be penalized in the event of uncertainty entering or exiting the movement.

Lines and cleanliness (max 10 points) The ability to maintain lines of arms, knees and legs in tension suitable for the choreography presented and tips of the feet stretched during the presentation of the technical elements will be evaluated, preserving the general cleanliness of the routine.

Difficulty (max 10 points) Valuable technical elements and skills of important difficulty expressed in the race routine. Difficulty of exercise.

## ARTISTIC SCORE - (see relative scoring card)

The score of the artistic performance will be given by the arithmetic mean of the scores of the 2 judges of the performance. In case of indecision the match officials can consult and ask for support from the head judge.

Look of the performer and details (max. 10 points) Care is taken in choosing the costume, hairstyle and makeup, as well as the consistency of both with the music and the chosen theme.

Choreographic Balance (max. 10 points) Uniform and fluid use of all horizontal and vertical spatial planes. Walkway and floor work.

Stage presence (max. 10 points) The general interpretation of the music and choreography presented will be evaluated: general choreography and expressive intensity.

Furthermore, the coherence of the movements with the music and the theme will be evaluated.

Floor work or ballad sequence (max. 10 points) It is not compulsory to perform a ballad sequence, but the ability to occupy the space on the ground is evaluated whether with technical acrobatic elements, gymnastics, dances or theatrical and choreographic movements in general.

Musicality and sense of rhythm (max. 10 points) The athlete's ability to work on the timing of the music and its musical interpretation will be evaluated.

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# **SCORING TECHNICAL EXECUTION DEDUCTIONS - (see relative scoring card)**

The technical execution score will be given by the arithmetic mean of the scores of the 2 execution judges. In case of indecision the match officials can consult and ask for support from the head jury.

Fall from the apparatus Obvious falls during the execution of the elements to the apparatus are penalized with a deduction of -5 points for each fall

Hand cleaning or costume or hairstyle adjustment The cleaning of the hands on the body or costume and the adjustment of the hairstyle or costume are not allowed and will be penalized with a deduction of -1 point for each time the judge notices the gesture.

Loss of balance - slips obvious loss of balance or slips will be penalized with a deduction of -1 point for each slip or loss of balance

Poor transitions The movements into and out of the tricks on the apparatus or the transitions on the ground will be considered. Whenever the athlete shows excessive difficulty or uncertain movements, the deduction of -1 point will be applied. Particularly complex and dangerous aerial movements that will not be penalized in the event of uncertainty entering or exiting the movement.

Technical execution on the apparatus or in poor free body and incorrect lines The execution of the tricks on the apparatus and the technical execution of the performance at a technical sports level will be evaluated. Whenever the athlete dirties the movement with feet not pulled (excluding choreographic choices), legs not stretched or posture not suitable for the apparatus or free body, the judge will attribute a penalty of -0.5 points

# LIST OF BONUSES and PENALTIES AWARDED BY THE HEAD JUDGE

# **BONUS**

Original piece or musical genre

Attributed for the originality of the musical piece or genre +3

Originality of the performance

Attributed if the choice of theme or development of the routine has particularly original elements.

+3 points

Original combos

Attributed if the athlete builds a combination of movements on the ground or on a particularly

original tool. +3 points

Very well-finished floorwork at a technical / acrobatic / choreographic level Attributed if the athlete

builds a particularly elaborate and well-finished piece out of the tool, not necessarily with acrobatic

elements, but also danced or recited sequences. +3 points

Roll / drop / jump on the tool and / or from the tool to the ground Inclusion of a roll, drop, or jump into the routine. + 3 points

Balance on the tool without using hands and feet (only for aerial sport)

Inclusion in the routine of a complex balance movement +3 points

SPECIAL Bonus at the discretion of the unanimous jury +5 points

## (only for Doubles and Groups in addition to those applicable above for individuals)

1 torque grip to the apparatus Attributed if the athletes perform at least one torque grip to the apparatus + 3 points

1 synchro combination of 30 "

Attributed if the athletes build a combination in sync on the ground or on the apparatus with a minimum length of 30 " and performed in synchrony, one performer can be on the apparatus and the others on the ground, the synchronization is established if the change of movement is synchronized with music and similar or identical. + 5 points (once only)

1 pair socket on the ground

Awarded if at least one grounded torque take-up is performed + 2 points (once only)

# **PENALTIES**

Music too long or too short

The organization will check that the duration of the backing tracks complies with the requirements

of the regulation, otherwise the penalty will be reported. -3 points

Sending the track after the deadline established by the organization

Communicated and applied by the organization if the backing track is not forwarded to the

organization within the deadline. -3 points

Dirty feet from obvious forgetfulness

The athlete must make sure that the feet are not dirty before getting on and performing the

performance -3 points

Presence of jewels, bracelets, rubber bands and worn objects that are inconsistent with the character The athlete will be penalized if he wears bracelets, commonly used rubber bands due to obvious forgetfulness. Eg: beach bracelets, elastic wrists, anklets and necklaces. The penalty is not applied if the jewel or accessory is obviously part of the character brought to the stage. -3 points

The Athlete sings during the performance (excluding desired choreographic / theatrical singing)

Applied if the athlete sings the backing track during the execution of the movements and the singing is obviously not part of the choreography -3 points

Delayed entry (more than 1 minute) to the athlete's presentation

Applied if the athlete is called to the stage and does not show up. Athletes must be ready to go on stage before the start of their routine. Consider the possibility that competitions could experience advances and not just delays. -3 points

Leaving the stage or interrupting the routine before the end of the music

Applied if the athlete gets off the equipment or finishes the routines before the end of the backing track -5 points

Use of the vertical tool (fabric) for less than 70%

The tool must be used at least once more than 70%, in overhead hangers the tool starts where the carabiner is attached with possible svivol, therefore if you use a strap beyond the circle the tool does not end at the circle but at the end of the strap. In the fabric, the tool ends up at the hooking carabiner. -5 points

Swimsuit not suitable The slip or coulotte moves showing more than half of the buttocks or private parts - Same meter applies to the upper part of the swimsuit on the chest. The penalty is applied even if recognizable marks of any kind are evident on the costume or if the costume shows excessive transparency -3 points

Use of 1 object / material not allowed in the rules -3 points (the penalty is repeated for each object not allowed that is used)

#### **DISQUALIFICATION**

# **Nudity**

If the costume shifts causing obvious nudity or in the event of a costume break causing permanent nudity, the routine is interrupted and the disqualified athlete will be able to repeat the routine and the end of the category with a suitable costume. It will be rated but will not enter the rankings

Offensive gestures, imprecations and offenses to the jury and in any way are sanctioned with disqualification.

Those who offend the organization are disqualified and excluded from competitions forever

### POLE ARTISTIC COMPETITION JURY RULES

#### **GENERAL DETAILS**

Distance between the poles: about 3.5 meters

Height of the poles: 4 meters

Looking at the competition field from the jury, the Spin pole must be on the right and the static pole on

the left

Nickel free stainless steel material

Diameter 45mm

#### **CATEGORIES OF PARTICIPATING ATHLETES**

This competition will be held with only one final round (the athletes will have the opportunity to test and

try the poles in advance of the regular course of the race).

IT WILL BE POSSIBLE TO PARTICIPATE SIMPLY BY APPLYING AND PAYING THE REGISTRATION TO THE

RACE while seats last - NO VIDEO ENTRY (Video entry required only for SEMI PRO categories)

The podiums of corresponding categories belonging to this same race in its previous editions or to our

other races or similar MUST APPLY TO A HIGHER CATEGORY than the one for which they obtained the

podium.

The competition is divided into the following categories:

## Women International Novice and International Novice Men

They have been practicing pole dance for a maximum of 1 year

No X-FLAGS

NO ALL dead lifts (from shouldermount, handspring and Brass monkey)

NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple straddle inversion

#### Women International Amateurs and International Amateurs Men

They have been practicing pole dance for over 1 year up to 2 years

NO ALL dead lifts (from shouldermount, handspring and Brass monkey)

NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple straddle inversion

#### **International Amateur Doubles**

They have been practicing pole dance for over 1 year

NO ALL dead lifts (from shouldermount, handspring and Brass monkey)

NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple straddle inversion

# Women International Advanced and Men International Advanced They have been practicing pole dance for over 3 years For teachers of BASIC classes ONLY, NOT PROFESSIONALS, NO ADVANCED LEVEL TEACHERS All movements allowed **International Advanced Doubles** They have been practicing pole dance for over 3 years For teachers of BASIC classes ONLY, NOT PROFESSIONALS, NO ADVANCED LEVEL TEACHERS All movements allowed Masters 40+ They have been practicing pole dance for at least 1 year No ELITE Masters 50+ They have been practicing pole dance for at least 1 year No ELITE Juniors International Amateurs 6-10 years

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1. She has been practicing pole dance for at least 1 year. 2. As a Female Amateur

# **Juniors International Amateurs 11-14 years**

1. She has been practicing pole dance for at least 1 year. 2. As a Female Amateur

## Juniors International Amateurs 15-17 years

She has been practicing pole dance for at least 1 year. 2. As Women Amateurs

#### Juniors International Adv / SemiPro 6-10 years

1. Practice pole dance from 2 to 5 years 2. Has participated in competitions of the same category but has

never won (the eventual victory

in an amateur category does not count) or presents a video entry with figures of suitable capacity or is a

professional teacher - NO ELITE

## Juniors International Adv / SemiPro 11-14 years

1. Practice pole dance from 2 to 5 years 2. Has participated in competitions of the same category but has

never won (the eventual victory

in an amateur category does not count) or presents a video entry with figures of suitable capacity or is a

professional teacher - NO ELITE

# Juniors International Adv / SemiPro 15-17 years

1. Practice pole dance from 2 to 5 years 2. Has participated in competitions of the same category but has

never won (the eventual victory

in an amateur category does not count) or presents a video entry with figures of suitable capacity or is a

professional teacher - NO ELITE

#### International Semi-Pro Women And International Semi-Pro Men

1. Practice pole dance from 2 to 5 years 2. Has participated in competitions of the same category but has

never won (the eventual victory

in an amateur category does not count) or presents a video entry with figures of suitable capacity or is a

professional teacher - NO ELITE

# International Semi-Pro Doubles (VIDEO ENTRY SELECTION)

They practice pole dance from 2 to 5 years

He has participated in competitions of the same category but has never won any (the eventual victory in an amateur category does not count) or presents a video entry with figures of suitable capacity or is a professional teacher - NO ELITE

Attention, the jury reserves the right to move, according to objective evaluations, the participant who evidently made a mistake in registering in a category unsuitable for his characteristics, with consequent communication to the same that he will have the right to accept or not to participate in the new category.

# Medical assistance during the competition:

A doctor will follow all the competition available for emergency interventions, an ambulance will be stationed at the place of the event for any hospital emergencies.

# **General rules**

Individual participants and couples will be judged on two aspects in general:

- 1) Executive Part Correct execution of pole tricks, pole ability, strength and flexibility. The originality in the execution and in the entry and exit of the figures will be rewarded with special bonuses in the SCORING CARDS. Bonuses will also be obtained for highly innovative tricks.
- 2) Artistic Part Expression skills, stage presence, costume, creativity, fluidity of transitions, ground work, coherence, music, costume, choreography. The performer will be more appreciated who will exhibit an elaborate and more imaginative choreography on the pole rather than on the ground.

The "Artistic Pole" component will be of important weight in the judges' evaluation, prevailing over the purely technical one, therefore any new or elaborate expression performed on the pole will have greater value than those simply exhibited on the ground. The couples will be judged on the following additional criteria: Originality, ability to pole and fluency in pole tricks and transitions with consistency of synchrony and couple interaction. Correct execution of "tricks" and "combos". Difficulty level of the tricks and combos of both participants. Synchrony of "tricks" and "combos". Harmony and cleanliness in the movements of both partners. THERE ARE NO OBLIGATIONS TO COMMIT THE STATIC AND SPIN POLES OR THE HEAD ON THE GROUND OR ON THE POLE during a performance.

The choreography and pole tricks must be consistent with what you want to stage, there may be routines where for various reasons one couple more than another or the part on the ground is given priority, but certainly in general it is appreciated an adequate balance between the use of poles and the division between parts on the ground and on the pole.

# Elements that will be most appreciated

- a) The "routines" in which the participants will show the right balance between strength and flexibility tricks.
- b) Cleanliness in the tricks as well as fluidity in the transitions.
- c) Originality in describing a story, a way of being or an artistic expression in the "routine".
- d) News in the tricks and in the combo of entry and exit from the figures to the pole.
- e) Musicality of the performance.
- f) Feelings and sensations expressed in coherence with the performance and choreography. It is formally prohibited:
- a) Undressing on stage.
- b) Show, touch, caress private parts of the body, breasts and buttocks.
- c) Possess an attitude with explicitly exaggeratedly erotic or sexually vulgar references during the performance.
- d) Express anti-racial attitudes or obvious signs of intolerance or expressions that are harmful to the spirit of the event or the jury.
- e) Discontinue the performance, except if this is due to issues with the goalposts, stage and competition facilities.

Each judge will be provided with the following SCORING CARDS and will return them completely filled in to the head jury at the end of each routine; The judges will judge the participants with a score from 1 to 10 for each item (an average of the overall score will be made on the number of judges);

The participants with the highest score will win 1st, 2nd and 3rd place; The judges can interrupt the performance at any time if there is a risk to the participant's health or if the participant is not following the rules;

The judges are not obliged to comment or explain the scores they have assigned to the participants: the judges constitute the final score; The winners will be announced within 20 minutes of the end of the last competition in the race; Before the competition and during the participants they cannot stay in contact with members of the jury.

THOSE WHO MAKE PROHIBITED SKILLS OR TRANSITIONS FOR THEIR CATEGORY WILL INCURATE MINIMUM PENALTIES FROM 10 TO 30 POINTS

# GROUNDS FOR DISQUALIFICATION OR NOT ADMISSION TO THE COMPETITION

The jury may disqualify or refuse to admit a participant for one of these reasons:
1) In the event that false general information is provided in the application form;
2) In the event that a non-sporting attitude is shown;
3) In case of indecent outfit;
4) In case of performance with inappropriate movements or with an erotic connotation;
5) In the event of public statements and prejudices against pole dance, the competition or the federation
and the organizer of the competition;
6) In case of public declarations with prejudice against the sponsors, the judges or against the other
participants;
7) In the event of an appeal against the decision of the judges;
8) In case of drug use;
9) Any participant who cancels their participation less than thirty days before the event will be excluded
from VIRTUDE competitions for two years. The only exception is that a regular competitive medical
certificate is provided.
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!!!!! ENJOY AERIAL VERTIGINE !!!!